

الصلوة

The spiritual clinic (9)

Allah's Mercy (6)

20 April 2009

(1)

Prayer: the key to the treasures of Allah's mercy
Pray: a great mercy from the Most Merciful (the most precious 5 meetings in your life)

The Power of Prayer:-

Worship is the essence of the Islamic

way of life. It is a source of sustenance in the long journey of life, it purifies the heart and gives the human spirit its inner powers. It goes hand in hand with responsibility and obligation because it is the key to our appreciation of our responsibilities and obligation in life and to the satisfaction and benefits we draw from fulfilling them.

The value and role of prayer lie in its being: the direct link between Allah and man.

It is the means by which man, an insignificant mortal draw strength, reassurance and help from Allah's infinite power and everlasting mercy.

(2)

It is the source from which man, the weak creature, renews his energy and power and strength to face and resist: (A) his own inner temptations as well as the (B) temptations and pressures of the world around him.

Prayer is the key to the treasures of Allah's Mercy.

Prayer is the light which illuminates man's heart with inner peace and tranquility and leads him through the darkness of doubt and confusion to the certainty of faith and trust in Allah The Almighty.

Prayer is an occasion for rest, tranquillity and mental peace.

Prayer is the outlet for you whenever you face

a hardship or calamity as it is your way to Your Lord, The One who can remove any hardship or calamity

ask help from

(3)

It is no wonder, therefore that the Prophet
Muhammed (S.A.W): used to return to prayer
whenever things became difficult to cope with. He
used to ask 'bilal', his companion, to make
the call to prayer, saying 'Bring us its comfort"
It (Prayer) was the most beloved deed to our Prophet

When man, weak as he is, faces a task
that seems beyond his limited resources,
when he finds temptations very hard to resist,
when corruption is powerful and when evil is
so powerful, and all these difficult times, it
is the support and bond with Allah that can
save the believer. It is the prayer -- the cave
of Allah's Mercy which the believer always
escape to, in order to escape the pressures
of the worldly life and at the same time to
receive the dose of Allah's mercy which will
support him to fulfill his responsibilities in life.

4

Prayer is a form of Allah's mercy :-

As we learn that : The ways ^{to} Allah's mercy are

- 1- recitation of the Quran with reflection and sincerity.
- 2- Obedience of Allah's rules.
- 3- Obedience of Prophet Mohamed (S.A.W)

In reality, these 3 ways to Allah's mercy
are fulfilled ⁱⁿ "prayer", accordingly :

Prayer is a form of Allah's mercy

What are the Proofs :

1st: regarding recitation of the Quran in prayer
with sincerity.

Allah said in Surat Al Muzamil (73) V

1- O you wrapped in garments.

2- stand (to pray) all night, except a little

3- Half of it or less than that.

4- Or a little more. And recite the Quran (aloud) in a slow
tone

This is the Quran "in the Prayer"

5

2nd "The Prayer" is a command of Allah

as Allah mentioned in the Quran in

Surat (2) - V(3)

Surat (2) - V(177)

Surat (4) - V(403)

Surat (6) - V(72)

✓ Surat (10) - V(114)

Surat (17) - V(79 - 78)

Surat (20) - V(20)

Surat (87) - V(14-15)

Surat (14) - V(31)

"This is the Prayer", the second obligation

in Islam after the Shahada. It was an obligation

known to Prophet Mohamed (S.A.W) in the journey

of Iska and Hiray.

This is "the Prayer" which Allah commanded

the muslim to pray it 5 times / day and the

reward will be equal to 50 prayers / day

مِنْهَا عِشْرِينَ مَرَّةً

6

Third: "The Prayer" is a command of Prophet

Mohammed (S-A-W) who said

- 1- "Command your kids to pray at the age of 7"
- 2- "The covenant that is between us and them is prayer, so he who abandons it, has disbelieved."

(الصلوة)

3- Allah has laid five prayers upon His slaves. Whoever fulfills them and does not miss any of them will have a promise with Allah that He will let him enter Paradise. Whoever does not do that, has no promise from Allah. He may then forgive him or punish him.

In conclusion :-

The Prayer is a form of Allah's mercy as it has all its ways.

Q, What is the meaning of Prayer as a form of Allah's mercy?

A.

1- Prayer is a connection (link) with Allah, i.e. a source of remembrance of Allah, which provides the muslim with tranquility,

peace, reassurance and spiritual power - as Allah mentioned in Surat (13) V.28

7

2. Pray provides the believer with the light as he it
is a link with the source of all the light: Allah
The Almighty, who said about Himself in
Surat Al Noor (24) - V (135)

25 "Allah is the light of the heavens and the earth".

This light is internal i.e inside the spirit,
a way for clear concepts, wisdom and realizing
the truth, This light is also external i.e a way
for correct decisions and clarity of The Right Path.

3. Pray as a mercy of Allah generates within the
inner self of the believer such spiritual power
that enables him to remain steadfast at times
of trial and adversity.

4. Prayer is a mercy from Allah as it supports
the believer to strive against all kinds of evil, sins
and temptations, as Allah the Almighty
said in Surat (29) - V (45).

8- (45). "And Perform the prayer, Verily the prayer prevents from great sins and every kind of evil wicked deed."

5. Prayer is a mercy as it makes the believer shy from

his Lord to see him doing deeds which The Lord made them

forbidden for believers. It is the connection with Allah

during Prayer which reminds the believer to avoid evil

and to remember that Allah is watching over him all the time.

5. Prayer is a mercy from Allah as it is the way for

success in the worldly life and the Hereafter as

Allah mentioned in Surat Al Mamineen (23) - 2)

1. Successful indeed are the believers.

2. Those who offer their salat (prayers) with all solemnity and full submissiveness

It is the Prayer; the way to righteous life and Paradise.

6. Prayer is a mercy as it is a way to wipe away

the sins as Allah said in Surat (11) - V (114)

114: And perform As-Salat at the two ends of the

day and in some hours of the night. Verily the

good deeds remove the evil deeds. That is a reminder for the mindful.

11/8

also regarding the prayer as a wiping out of sins:

Prophet Mohamed (S.A.W) said:

• "The five daily prayers and the Friday-prayer until the next Friday are expiation for what is between them".

• If a person has a stream outside his door and he bathed in it 5 times a day, do you think that he would have any dirt left on him? The people said: No dirt will remain on him what so ever"

The Prophet (S.A.W) said: This is like 5 daily prayers, Allah wipes away the sins by them".

In conclusion: Prayer is a great mercy from the Most Merciful. We muslims must evaluate it correctly so

that we can appreciate it and get its blessings: reassurance - light support against ~~all~~ the way to R life and P
It is the duty of every muslim to thank Allah

who made for them 5 meeting with Him through those which, they can live have a way to live Righteous life and to have Paradise as final destination

9

What is the secret of Prayer?

It is the Khushu ^{through} the realization of the Presence of the heart and mind in Prayer.

heart and mind of the Majesty and Power of Allah, i.e. (the fear of Allah)

this realization leads to: reflection on recitation of

the Quran, calmness on Qiyam, Ruku and Sujud

and to sincere supplication during prostration (Sujud)

tearful of the eyes, humbleness and tranquility.

The basis of this Khushu is the

Heart is the belief in the Unity of Allah: The Creator

The Owner, The knower of all things and the Planner,

Decider and Controller of all the affairs

The more your belief in Allah's unity, the more

Khushu and sincerity you will have in your prayer,

This will make you to "Love" the Prayer as

You will feel the mercy of Allah which you will

get through it.

So Khushu must be the ^{character} sign of our prayer.

10

An example of how the righteous people perform

Prayer to reach its goals:

when Hakim AL Asanmi was asked about his prayer he said " when it is near the time of prayer I perform a perfect wudu and go to where I am going to pray and sit down there until I become fully attentive to what I am about to do.

I then stand up and pray imagining the kaba is in front of my eyes, Paradise to my right, Hell fire to my left and the angel of death behind me.

I imagine that it is the last prayer I am about to perform - I stand up in hope (in Allah's reward, the Paradise) and fear from Allah's torment in Hellfire.

And I recite Takbir while having full attention

I recite Quran calmly and make Ruker humbly and go to Sujud with sincerity. After words I do not know if that Prayer is accepted for me

W

Q. How to attain (have) Khushu in Prayer.
i.e. to have sincerity i.e. presence of the heart.

A.

Basically: to be

① Having the knowledge of Unity of Allah and the sincere belief in Allah's unity.



② Obedience of Allah's Rules.



③ Avoiding major and minor sins will help to make your heart in a pure state.

④ Frequent recitation of the Quran, as the Quran softens the heart and make it more closer to Allah.

5) Realization of the reality of the worldly life i.e. the belief that the worldly life is just deceiving enjoyment. This makes the heart is always looking for tranquility, peace and happiness through the

Link with Allah i.e. the Quran, the Prayer and

the Duaa., It also purifies the heart from the

desires. Both conditions make Khushu (sincerity)

more easy to have sincere prayers.

11
Rule

- The more you have khushu in your life
- The more you are living a Righteous life →
- The more easy to have khushu →
- The more you feel the Link with Allah in prayer
- The more you live Allah's mercy in your daily life.

∴ Now, we will learn about preparation for Salat:

A. Your self for the meeting with the Lord of

the heavens and earth and this take place during

the wudu, i.e the preparation period for prayer.

B. The place :

It must be clean - calm - beautiful place which deserve

to be the place to meet Allah.

C. The clothes

It must be clean, beautiful - wide - following

the rules of Islamic Law.

Insha Allah, next week we will live
Practically the Skushu during the
Salat.

H. Sley
April 2009.

• Before prayer you must prepare for Allah's meeting

1) Your self for the meeting with the Lord
of the heavens and earth, and this takes

place during ^{Performing} the wudu, when you wash for the

meeting with Allah. It is the wudu the preparing
period for the meeting with the Lord i.e. to forget all about worldly life.

Always remember Allah is the Only One whom you must be.

clean before meeting Him (Wudu) and wudu must be ^{complete} _{from} ^{after} _{it}
• Remember your need to Allah in every sec. • Remember your sins which
you want prayer to
wipe off.

2) The Place

clean - calm - beautiful place, which deserves
to be the place you prepare for meeting of
your Lord

3) The clothes

clean - beautiful - wide - long - comfortable

dress, only for prayer i.e. for Allah's meeting.