

The spiritual clinic (14)

The series of answered supplications (3)

The way for answered supplication (2)

"Have full trust that your supplications

"Have trust, Allah answers Duaa" will be answered" (have trust, Allah will answer your duaa)
InshAllah today we will continue to learn about

the examples in the Quran, regarding those who

have partners with Allah in their supplications

so that we can realize the Quranic Rule regarding

"Sincerity in supplications" i.e. Supplication

must be only to Allah, The Almighty.

Today we will learn from what Al-Hafiz

(22) from V. 11 → V: 15

21st And among mankind is he who worships Allah as if were upon the edge, if good befalls him, he is content therewith

but if a trial befalls him, he turns back on his face. He loses both this world and the Hereafter. That is evident loss.

22 He calls besides Allah unto that which hurts him not nor profits him. That is a shaying far away.

Reflection on the above verses of the Quran =

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(1)

= We need to believe that:

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1. A believer realizes that: Faith is a reward, which he (she) appreciates its value when he (she) sees people all around moving with no aim, pulled here and there, wooed, thrown off course, while he himself is certain of his (her) footsteps, calm, reassured by his (her) strong bond with Allah.

So, A good believer worships Allah in gratitude to Him for having guided him and for the reassurance he feels in being close to Allah. Should there be any further reward, it comes by the mercy of Allah, and it is given for one's acceptance of faith or for one's worship. Moreover, a believer does not put Allah to the test. On the contrary, he (she) accepts everything that Allah determines for him (her).

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(her), contented with whatever comes his (her) way, be it pleasant or otherwise. There is no question of a market deal here between a buyer and a seller. All that takes place is submission to the Creator who initially gives people existence and who determines fates.

Contrasted with this believer, is the person who is mentioned in these verses, as he (she) is having these losing characters:-

1- His (her) worship to Allah is shown to be on the border line i.e. he (she) would say that: Faith is beneficial, bringing in material gain, allowing plans to grow, efforts to be successful hopes to become a reality. But if it turns out otherwise, then he (she) takes a totally different way i.e. ⁽²⁾he (she) calls on any other person's authority or interest for help instead of Allah, as

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he (she) lost the trust in Allah Help and Power.

③ He or (She) will go astray from the only method in

which invocation is of use. (The invocation to the only Power, Will and Mercy → Allah, The One.

Indeed when anyone resorts to invoking human beings

idols, or Satan instead of Allah, this means that:

they take themselves very far away from the truth

and the right way leading to it because:

None of these can cause either benefit or prevent

harm, indeed they are more likely to

bring harm than benefit. This harm results

in the spiritual world, from overburdening

one's heart with humiliation. As for the material

world its harm is self evident as they are powerless

i.e. can never cause benefit.

Let's reflect on the last sentence of verse (13) which

is "Certainly, an evil patron and certainly

an evil friend."

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This is a statement clarifying Allah's evaluation for those who invoke on anyone other than Him The Almighty, Allah is using the word (vile) having the meaning of loss, failure, bad decision and bad fate. Again Allah is explaining that:

- It is a "vile" patron ^{which} ~~as it~~ is powerless, able to cause neither harm nor benefit

And, It is "vile" friend as they bring the loss and harm in both lives.

(Recite V. 15) → In Verse (15), Allah the Almighty is clarifying the fact that: the only way to endure hardship is to trust in Allah's help by hard work and ^{doing} invoking Duaa to Him to save him (her). Calling on anyone other than Allah can't bring anything other than stress and adversity.

Therefore, the verse tells anyone who thinks that Allah is not the One to help him (her)

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in this life and the life to come, to stretch a rope to the sky and to climb up holding to it, or to tie the rope round his neck and then cut the rope so that he falls, or cut his own breath so as to choke. Let him then look whether this removes his (her) hardship or not.

Allah, the Only Power and Will in life is
mentioning this example in order to make it clear
to every muslim that: All the affairs are only
up to Him so call on Him and ask His Help only
as this is the only way to remove any hardship,
but
and if anyone is not sure of the above fact,
let them show us what are the other ways
which can remove any hardship.

We need all to be clear about the fact that:
It is only the belief in Allah's Oneness in
Power, Will and Mercy that gives all the support
that we all need.

In Conclusion

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Regarding the fact "Duaa has to be only to Allah", a rule which is a must for Duaa to be accepted; Allah the Allmighty said in Surat Saba (34) V. 22-23, "Say" Call upon those whom you imagine to be partners with Allah. They do not have even an atom's weight of authority either in the heavens or the earth, nor have they any share in either, nor does He have any helper from among them";

In this verse of the Quran, Allah begins the verse with a challenge that applies to the entire universe, without exception. The challenge is for those who have partners with Allah regarding Duaa, seeking help and support, Allah is saying to them:

Call on these deities to come and stand before all the world, and let them

① To say: if they own anything in the heavens or on the earth.

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2) To say: if they have a share in the heavens or in the earth

3) To say: If Allah seeks their help in anything.

The answer is (No) for the 3 questions i.e

A. None owns anything even an atom weight in the heavens or the earth

B. None share anything ~ ~ ~ ~ ~

C. All are powerless as Allah is the Only Power.

Rules

①: It is Only Allah, The Only Power and Will, whom all mankind can call on Him for help, support, success, hope, relief, guidance, provision, removal of hardships and for Paradise, and

②: All other creatures other than Allah, are just means which are controlled by Allah's Will i.e they can't cause benefit or prevent harm except by the command of Allah's will.

3) : In our worldly life, we call only on Allah

For all of our affairs as true believers in His Oneness, then we can use the means (doctors, Lawyers, teachers...) to fulfill our needs, believing that they are just "means" i.e. powerless in themselves, but it is Allah's Will that make them to serve us.

Let's revise the way for answered supplication which is the sincerity in supplication which includes

Doing Duae only to Allah

No partners with Allah in Duae (or any worship)

Follow Prophet Mohamed way of Duae

Allhamdulilillah, we learned about 1-2, and let's

Learn about the manners of accepted Duae from the manners of our Prophet Mohamed (S.A.W).

as Allah said in Surah AL-AHZAB(33)

v. (21).

"Indeed in the messenger of Allah 'Muhammed"

(S.A.W) you have a good example to follow for

him who hopes for the meeting last Day and remembers Allah much.

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∴ Ways for the answered supplications:-

I Sincerity:

II The clear belief that you are the One in need of

Allah's help and support because all your affairs

are in His Hand and Allah is not in need of your supplication (You are the one getting the benefit as Allah said in Surat Fa-tir (35) V (15.) Duda).

15. O mankind! it is you who stand in need

of Allah, But Allah is Rich, Worthy of the praise

∴ The Rule is

1- All are in need of Him

2- He is in no need for anyone.

To clarify this meaning, let us learn

the following Hadith Qudsi i.e. Among

the sayings he related from his Lord, is

that He (Allah) said:

○ My servants, I have forbidden oppression for Myself and have made it forbidden amongst you, so do not oppress one another.

○ My servants, all of you are astray

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except for those I have guided, so seek
guidance of Me and I shall guide you.

O My servants, all of you are hungry
except for those I have fed, so seek food of
Me and I shall feed you.

O My servants, all of you are naked.
except for those I have clothed, so seek
clothing of Me and I shall clothe you.

O My servants, you sin by night and
by day, and I forgive all sins, so
seek forgiveness of Me, and I shall forgive you.

O My servants, you will not attain
harming Me so as to harm Me and you will
not attain benefiting Me so as to benefit
Me.

O My servants, were the first of
you and the last of you, the human of you

(11)

and the firm of you to be as pious as the most pious heart of any one man of you, that would not increase My kingdom in anything.

O My servants, were the first of you, and the last of you, the human of you and the firm of you to be as wicked as the most wicked heart of any man of you, that would not decrease My kingdom in anything.

O My servants, were the first of you and the last of you, the human of you and the firm of you, to rise up in one place, and make a request of Me, and was I to give everyone what he requested. That would not decrease what I have, any more than a needle decreases the sea, if put into it.

This is the reality of Allah's Power and Kingdom.

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and let us learn this Hadeeth of prophet

Mohamed (S.A.W) which proves the mentioned facts:

Prophet Mohamed (S.A.W) said to Ibn Abbas:

"Young man, I shall teach you some words (of advice): Be mindful to Allah, and Allah will

protect you. Be mindful of Allah, and you

will find Him in front of you. If you ask, ask

only Allah - and if you seek help, seek

help only from Allah. And know that if

all nations were to gather together to

benefit you, they would benefit you only

with something that Allah has already

prescribed for you. The pens have been lifted and

the pages are dry.

∴ We are the ones in need for Dua so we must be humble to Allah.

Conclusion: As true believers, you need to do Allah.

Dua to Allah all the time as He is the only One

to be asked for help. 2- Dua is part of your Deen which Allah has already prescribed for you.

اللهم

سبح

ways for 'answered supplications'

(13)

III. Have full trust that Allah will answer

your supplication.

Allah said,

" Do Duaa to Me, I will answer your Duaa "

∴ This is a promise from Allah to answer
our supplication.

Also Prophet Mohamed (S.A.W) said,

"
Supplicate to Allah with full
confidence that He will answer
your supplication"

This full trust in Allah

regarding answering Duaa, is by itself a
cure and healing for the spirits because

trust in Allah is the hope in Allah's Mercy which
is the fundamental supply for the
healthy spirit.

Let's admit that answering the Duaa sometimes

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takes long time, but so long as you still have the confidence in Allah that He will answer your Duaa, this will help you to ^{be} patient looking for Allah's promise, so you will have the reward of patience which is limitless.

Accordingly, Patience is a way for the answered supplication.

Prophet Mohamed said:

1- "Verily, Allah loves those who are persistent in their supplications"

2- "The invocation of anyone of you is responded by Allah (SAWT), if he does not show impatience by saying "I invoked Allah (SAWT), but my request has not been granted."

Let's all believe in Allah's
Unity (Oneness) remember these 2

Quranic Rules :-

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- 1) Allah knows, but we know not.
- 2) Allah's Will, Wisdom and Knowledge are behind His Decree.

∴ When the answer of our Duaa is delayed, let's be sure that: The Most Merciful is always planning the good for us and so He will answer our Duaa at the time which is the best for us.

IV To enjoin what is right and to forbid evil
(what is wrong)

Prophet Mohamed (S.A.W) said:

"You should enjoin what is right and forbid what is wrong, other wise He (Allah) will descent punishment upon you and then you will ask Him, but your supplication will never be answered."

ways for answered supplication

ways for answered supplications

(16)

To use Lawful food - drink and clothing

i.e to have Halal earning (lawful).

Prophet Mohamed said :

" Make your food (lawful) Halal, then your Duaa will be answered "

It is Allah's Mercy to make ^{the} ~~obedience~~ obedience of His Rules (Quranic Rules), a must for the Duaa to be accepted, as this ^{fact} will encourage us to obey His rules so that: He will answer our Duaa.

Always, be very careful regarding the source of your provision i.e to be sure that it is a Halal (lawful) Provision.

Never to earn Haram (unlawful) or to spend on haram (unlawful), so that Allah will accept and answer our Duaa.

Ways for "answered Supplication"

To supplicate at times, when Duaa is more likely accepted.

Month of Ramadan constitutes the time of

bringing oneself into perfect harmony with Allah's

Way, as Allah ^{during} Ramadan you experience an

overwhelming state of obedience to Allah i.e

abandoning your food, drink and conjugal relations

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in obedience to Allah, and closing all the ways of

Shaitan to your spirit. Through this

straight faithful behaviour, you elevate your

spirit to a state of utmost sincerity in unity

with Allah's will, Accordingly, there will be

no limit for the grace, that Allah may bestow

upon you i.e answering all your supplications.

This is the Month of Ramadan but

we need to know that Lailatul Qadr is the

best night for answering the Du'a (last ^{look} for it in

the last 10 nights of Ramadan. It's Du'a is "O Allah, You are
pardonning and you love to pardon so pardon us".

6/11/21

(2) After the obligatory prayer

Prophet Mohamed said about the which Duaa is most likely to be answered:?

In the depth of the last part of the night and after the obligatory prayers.

6/11/21 (3) In the last Part of the Night

Prophet Mohamed said: Our Lord descends every

night to the lowest heaven, when the last

third of the night remains and He says "Is

there anyone to invoke Me so that I may respond

to his invocations? Is there anyone to ask Me for

something so that I may grant him his request?"

is there anyone to ask for forgiveness so that I

may forgive him?

6/11/21

(4) Between Athan and Iqama

Prophet Mohamed (S. A. W) said: "The invocations

is not rejected between Athan and Iqama so do invoke"

5. On Jumua'h

According to prophet Mohamed (S.A.W), there is an hour of jumua'h (in which Duaa' is accepted).

So let us try to spend the day in remembrance of Allah and involving Him.

6. In Prayer After at-Tashahud:

²⁰ Abdulla - Ibn Masoud narrated: I was offering prayer while the prophet, Abu Bakr and Umar were together. After I sat for the last Tashahud, the prophet said: ask you will be given, ask you will be given.

7. When prostrating

Prophet Mohamed said "The closest a person gets to his Lord is during sujood (prostration). Therefore, increase Duaa."

∴ One must try to involve Allah in every prostration.

• On the Day of Arafat

Prophet Mohamed said:

The best supplication is the supplication on the day of Arafat.

• The One who is suffering injustice

Prophet Mohamed said:

Beware of the supplication of the unjustly treated, because there is no shelter or veil between it and Allah S.W.T.

• The Traveller:

Three supplications will not be rejected:

- 1- the one who is fasting.
- 2- The oppressed
- and 3- the traveller.

• During the rain:

Prophet Mohamed said:

Two supplications will not be rejected, supplication after the Adhan (call for prayer) and at the time of rain.

Manners of supplication (Du'aa)

1. It should start with : Bismillah , "Praise is to Allah and Peace and blessings be upon the messenger of Allah.
2. It should be performed secretly and with sincere heart
3. It should be with humility and express your need of Allah.
4. It should be repeated three times.
5. Invoke Allah by His Names and Attributes
6. Supplicate Allah (SWT) by mentioning the righteous deeds you have done.
7. Admit your sins during the supplication.
8. Face the Qiblah during your supplication
9. Do not be aggressive when you are supplicating Allah. Such as asking Him to make you a prophet.
10. When making supplication for others, start with yourself then include others. Revise sunat (#1.) V. 28.
11. Remember to include your parents in your supplication

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