

7. Feb 2014

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
Purification of the heart (5)

Characteristics of the healthy heart  
Surat (2) - V(2 → 5)

InshaAllah - we will continue about "purification of the heart".

Over last three weeks, we learned about the different forms of the diseased hearts in the Quran.

Today, we need to learn about the characteristics of the healthy believing heart so

that we can compare these characteristics with

the characteristics of the diseased hearts. which we will learn InshaAllah in the following classes

In the Quran, Allah mentioned the characteristics

of the believers, who have the healthy hearts in

many verses of the Quran. InshaAllah - we will

learn these verses of the Quran and these characteristics

as we all need to have these characteristics.

characteristics of the believing hearts are mentioned in the following verses of the Quran:-

- 1- Surat (2) - V (2 → 5)
- 2- Surat (8) - V (2 → 4)
- 3- Surat (9) - V (71)
- 4- Surat (23) - (1 — 11)
- 5- Surat (~~23~~<sup>32</sup>) - (15 - 16)
- 6- Surat (42) (36 - 40)
- 7- Surat (49) (15)

(2) 8 Insha Allah, we will learn <sup>all</sup> these verses of the Quran. and we will start with : Surat ALBaqara (2) - V (2-5).

In these verses of the Quran, Allah is mentioning the following characteristics of the healthy believing hearts :-

1- They believe in what lies beyond the reach of human perception :

- 2- They observe prayer
- 3- To give of what Allah bestows upon them.
- 4- To believe in what has been revealed to Prophet Mohamed (S.A.W) i.e the Quran and to all the <sup>Previous.</sup> Prophets.
- 5- To be certain of the Hereafter.
- 6- To follow their Lord guidance.

Let's learn in details about these important characteristics :-

(3)

- 1- The belief in the unseen ( <sup>what lies beyond the</sup> reach of human perception ). <sup>a very important characteristic</sup>

We must realize that :-

- a) To believe in Allah (limitless is He in His glory) is to believe in what lies beyond the reach of human perception. It is not possible for human beings to comprehend the nature of Allah.

When they believe in Him, they recognize the results



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of His actions. But they cannot conceive His nature or what He works.

. The "unseen" which we are required to accept in order to have true faith includes other facts mentioned in the Quran in Surat (2:285).

∴ The messengers, the books, the angles, the day of judgement i.e. : the reckoning, the reward and the punishment - All belong to the world beyond. We believe in all these because Allah has told us about them.

(4) Man is surrounded by the (unseen) in every direction :-

1) Part of it relates to time : past, present and future : (regards present).

or in the heavens i.e. a wind is about to blow or a snow storm is forming ?!!

(5)

Also regarding the past, it is all <sup>الغيب</sup> unseen even regarding our past life i.e the past events, and some people in our life. This is the same regarding the future which we always are preparing for it through the hard work and collecting of money but we are not sure we will be alive or not, healthy or not, i.e we the future is completely hidden by the curtains of the unseen.

② What does man know about the origin of this universe, its existence, nature and motion?

③ What does man know about life and its cycles?

④ What man know about himself regarding himself

e.g his spirit: its nature: which Allah said about it

that its knowledge is only to Allah. <sup>(١٧)</sup> - V 85  
وَمَا يَكْنُ عِنْدَكَ مِنَ الرُّوحِ

Also about our heart and other organs. e.g you are not sure about your kidneys (زورنور). Even when the disease start in our bodies while we are not aware and we can't stop it at its beginning. (I had pain and X ray → Not seen)

2. The second characteristic of the healthy

believing heart is to observe prayer:

→ Prayer is one of the five Pillars of Islam

→ Pray is the link between The Lord of the heavens and the Earth and the heart of

the believer, through this link, he can connect with Allah, The Almighty, Who

is the Only Power in life. This

connections is the source of the light guidance, tranquillity, mental peace, power and life of the heart of the believer.

→ In Prayer, <sup>during</sup> ~~in the~~ <sup>the</sup> ~~sup~~ prostration, you are in the closest position to Allah, so ~~d~~ your supplication - you feel that you convey all your worries and problems and hopes to the Only One, Who can solve the Problems and makes the hopes a reality through one.



word "be". A feeling of reassurance and relief will replace your worry and sadness.

→ During Prayer, you feel that The One is listening to you. The Greatest is close to you, so you feel your dignity and your value as a human being who can meet The Lord of the heavens and the Earth, Who is promising to answer his supplication. A feeling which everyone needs to compensate for the bad feeling, which he feels when he fails to meet any important man who has an authority.

→ It is the Prayer, which feeds the heart with the Love and fear of Allah.

→ Prayer is an essential element in the building of the believer's character and shaping his concepts, feelings and behaviour.

→ Prayer was the most beloved act to Prophet Mohamed (S.A.W).

The 3<sup>th</sup> characteristic of the believer heart is :

to give of what Allah bestows upon them.

The believers realize that : Allah is the Owner of the heavens and the earth i.e all what they have is a trust from Allah which they must spend according to the Owner Rules.

Such a belief <sup>①</sup> brings mercy and sympathy

towards the weak and the poor and <sup>②</sup> encourages the believers to spend the trust for Allah's sake.

This kind of spending includes the obligatory Zakat as well as the voluntary donations.

→ Voluntary donations

The outcome is to eliminate greed and fill people's hearts with compassion and humanity.

The sick, the weak and the young and helpless in society are given security, so that they feel that they are living among human beings with compassionate hearts.



The fourth characteristic of the believer heart is to believe in Prophet Mohamed (S.A.W) i.e his message and the messengers before him as all have the same belief i.e The Oneness of Allah.

The fifth characteristic of the believer heart is to be certain of the Hereafter :-

The belief of the Hereafter has a

lot of blessings :-

A) It links the present life with the life to

come, the beginning with the end so we never believe in the theory of "the worldly life is the only life" so let's enjoy it. It links the deed with reward so it

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comforts the believer heart by affirming that

Full Justice is certain to come, so this inspires

the believers to obey Allah's commands and to live the life as an act of worship looking for Allah's reward in this life and the Hereafter.

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It provides the support for the believer spirit to be patient and tolerant, hoping for the great reward in hereafter.

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