

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The spiritual clinic

(19)

Volume 1 (6)

July 2nd 2009

Series Answered supplications (8)

1. The way to have an ideal son like Prophet Ismail
title 2. My beloved child: you are a great trust

Today Insha Allah we will start together to learn about an important trust in Islam which is "the trust (amanah) of children".

Allah The Allmighty said in Surat 66 AL-

Tahreem 1(6).

" O you who believe, save yourself and your family from the fire of Hell "

As it is the duty of the father to save his children from the fires of the world, then as a first priority, it is obligatory upon him to save his child from the fire of the hereafter (Hell fire) which is an everlasting severe fire, and the only way is that to raise his child as a believer in the unity of Allah, who lives his life according to

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The rules of His God, i.e. to live Islam as a way of life.

Living Islam as a way of life means to teach the child the Islamic values, rules and manners, to educate him the best morals and to protect him from the bad companionship and friends and to clarify to him the reality of the worldly enjoyments e.g. so that when he (she) grows up, they will not waste their precious lives in desiring these deceiving enjoyments, ^{instead} but they will live their worldly life as a form of good deeds for the sake of having the Paradise as their final destination. ^{is} Allah the Allmighty said in Surat 40 V. 7-8 / Surat 13 V. (22-~~23~~) - S(52) V. 21

Accordingly, we must realize that our children are a trust (amanah-responsibility) which Allah will question us about it on the Day of Judgement, as it was our (parents) responsibility to raise them following the Path of Islam.

So it clear that Allah The Allmighty has entrusted parents with their children. Parents bear the responsibility to raise up their children in the Islamic way. If they do that, they will be blessed in this life and the Hereafter.

3 Prophet Mohamed (S.A.W) said: All of you are guardians, and all of you are responsible for things under your guardianship, the man is a guardian over his family and responsible for them, the woman is a guardian of her husband's house and she is responsible for it. All of you are guardians for things under your control.

The Prophet (S.A.W) did not excuse any one from responsibilities that Allah has put on every individual to build the Islamic society. All within their capacities.

In reality, our situation as Umma these days

is nothing but the result of the neglect of responsibility.

Men and women - fathers and mothers share the responsibility to raise up, educate and build the new generation in the correct method and the right way.

Let's read this message from a father to his son:

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I found you a part of myself, rather than I found you my whole, so much that if anything befall you, it was as though it befall me, and if death came to you, it was as though it came to me. Consequently, your affairs mean to me as my own affairs (matters) would mean to me. So I have written this piece of advice as an instrument of help...

Certainly, the heart of young man is like uncultivated land. It accepts whatever is

strewn on it. So I hastened to mould you probably before your heart hardens up and your mind and your mind get occupied, so that you may be ready to accept through your intelligence, the results of experiences of others and be saved from going through these experiences yourself.

(5) The guidance and training that a parent gives his (her) child is vital for the progress of the child. Although the child may not appreciate it at the time, a loving parent knows that his (her) child is a trust (responsibility), which Allah is the One to reward for it.

Insha Allah, we will learn about Islamic ways of raising our children in full details so that we will have a clear strategy regarding our role and our responsibilities towards our children

Q what is the meaning of "raising children Islamically"?

A It means to provide them with the necessary guidance and discipline through awakening potential virtues in the human being and helping them develop.

∴ Raising children according to Islamic rules

is a plan and a strategy with a goal of having

6 righteous muslims living Islam as a way of life i.e

following the rules of the Quran and having

Prophet Mohammed (S.A.W) as the role model, also

having the Paradise as final destination insha Allah.

It is a continuous process which starts even before

the delivery of the baby. It brings about change

for the better. It is a movement towards having a

successful muslim community.

Let's answer some questions related to the

influence of the parents on their children and the

aspects which they need to teach their children.

Q What is the influence of the Parents on their children?

A. Parents have 2 fold influence on their children

1. Influence through inheritance:

7 Basically we need to know that every child is having his genes from his parents i.e. the child is the combination of the characters of his (her) parents, even the physical appearance, intelligence, health or illnesses are often a result of inheritance. And this clarifies the importance of parents regarding the inherited characters to their children.

2. Influence through contact:

It is the mother who has the first contact with the baby as she supplies him with the food which he needs to grow and have healthy organs. So it is the mother who has to take care of her emotional mental and physical health so that she can provide the

baby with the best circumstances for his normal growth

e.g. smoking, medications or even depression can affect

the baby's growth while he ^{and} (she) are still in their mother's womb.

As soon as the baby is delivered, he and she will be

totally dependant on their parents (mother mainly) to

support them with the food, love and care which

are essential for their growth.

During the first 3-5 years of age of the babies, they

are always willing to imitate all the actions which

they parents teach them. For example the way to eat

forms of speech, basic behaviour responses are all

picked up by the children according to the teaching

and the observation of the parents.

Your children are the mirrors of your manners

and behaviour as you are their teacher, so

be aware of your great responsibility.

I hope that all realize, the important and fundamental role of the parents regarding their kids. So it is the trust for every muslim to choose a muslim partner who practice the religion and also is having good health, good characters so that his (her) influence on the children will be the right and healthy one.

9 This is the first responsibility regarding our children which Prophet Mohamed (S.A.W)

taught the muslims. "marry into a righteous family, for genes have effects. Also he encouraged the marriage of righteous people. Now, we have the righteous parents so the

next question will be : what are the aspects of raising up (training and teaching) which every parent should cover :-

1- Guidance :

Belief in the Unity of Allah - living Islam as a way of life. Learning the rules of the Halal

Quran and learning the life and Hadith of our Prophet (S.A.W) also the Islamic manners, and morals. The importance of being a responsible human being towards him (her)self, family, community and humanity. Teaching must be in steps according to the age and ability of the child.

2- Discipline and control.

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Allah said in the Quran in Surat 12

V.(53)

53. "And I free not myself from the blame. Verily the self is inclined in evil except when my Lord bestows His Mercy on whom He wills"

. It is more easy to follow the desires of the spirit especially for the small child who lacks the maturity and knowledge.

In Islam, there are certain rules and values
which every muslim needs to learn and follow. It is the duty of the parents to teach their children

the Islamic rules and behaviour which all children need to live a good life and to participate in building the successful respectable community.

It is the Divine rules which Allah taught the muslims in the Quran, these rules are based on the understanding of the nature of the human being and the best ways to control it

11 A child should be taught that human being is different from the animals and that he must control his desires and emotions like anger, jealousy, greed and selfishness. It is the duty of the parents to deal with these emotions and help the child control them.

Prophet Mohamed (S.A.W) said:

"The right of a child over his parents is that he should give him a good name, make his manners good and teach him the Quran."

3. Healthy self-esteem.

Allah The Allmighty said in Surat AL-Isra(17)

V. (10)

" And indeed we have honored the son of Adam "

Regarding this honoring, Allah mentioned in

Surat AL-Hijr (15) V.(29)

" So when I have made him complete and breathed

into him of My spirit, fall down into prostration

to him "

This Divine spirit, with its greatness and nobility, provides the human being towards dignity and respect.

From young age, children show a desire for respect and attention. Feeling good about oneself brings peace and happiness. It is the duty of the parents to strenghten the roots of this quality in the spirit of their children

4- Making children dependant:-

It is the duty of every parent to teach their kids to carry out personal and public responsibilities. An achievement often appriated during the early years.

A child who is not taught to do them when young, will be very unwilling to do them when orders

13

To Love your child does not mean to do their (his) work, eg a seven years old child who is still fed by his mother. A ten year old child who never cleans his room.

The true Love to your children is to help them to realize their physical and mental powers and to get accustomed to utilize them as early age as they can.

Blessings, Importance of raising kids according to Islam rules:-

Every child needs to be taught the right rules so that he (she) will acquire the good characters, so the good society will be formed and the new generation of muslims will be having strong social and moral values

14 So if you Love your Lord and you are looking to please Him

And if you Love Islam and you are Looking for its spread and power.

And if you Love your kids and you want to help them to live a good worldly life and to have Paradise as final destination

And if you Love yourself and you want to fulfill your trust to Allah-

And finally if you love humanity and you are looking for a better world- for all of the above Please fulfill all your trust to your God, Parents self - spouse and children

J.S.
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