

8 Feb 2010

Messages of hope &
What are your goals?

Are you satisfied with your life?

Today InshaAllah, we will try to have a focus on our goals hopes and our ways of life.

(1) We need to answer some questions, related to our
Answering these questions is similar to Looking
at the mirror but the difference is that,
when you look at the mirror, you can see
your outside picture.

But answering these questions will help you to
know you inner self i.e your inside i.e

- ① your real feelings
- ② your ideas and thoughts.
- ③ your plans
- ④ your goals (hopes)

All of these are related to your reality: are you
satisfied with your life or not.

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(1)

Are you satisfied with your life?

Please answer the following questions :-

- 1) Are you unhappy regarding your relation with Allah and why?
- 2) Do you wish to have a new start in your life? why?
- 3) Do you regret marrying your spouse? why?
- 4) Are your kids not up to your expectations? why?
- 5) Do you feel that people are mostly selfish?
- 6) Do you suffer attacks of loss of interest in everyone and everything? how frequent? why?
- 7) Do you feel reluctant to take a decision?
- 8) Are worry and fear, the feelings which you always have?
- 9) Do you suffer attacks of lack of energy for no reasons? when?
- 10) Are you unhappy because it is always difficult to attain your goals (hopes)?

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The most important goals

Please choose the most important goals for you:

- To Live a Long life
- To own a mansion, cars, Jewellery --- (be very rich)
- To have the best health. (4)
- (3) • To have a happy marriage (5)
- Your kids become the best in their career.
- Big bank account.
- Travelling all over the world.
- To have a mental peace. (3)
- Big number of friends
- Love them all around.
- To worship Allah in the best form. (1)
- To be guided (to have guidance) (2)
- To Live in the best Place in the world.
- To keep your beauty until old age.

- Let's have the Quran as a reference to answer this question because it is a guide and mercy for the believers (Surat An-Nahl (27) - V 77, " And truly, this Quran is a guide and a mercy for the believers "

(a) We must believe that the Quran is the source of truth as it is the word of Allah - The Lord of the heavens and the earth.

- We must believe that the Quran is the source of Guidance as it, - prevents dispute and error.
- 2. It outlines the way of life to implement.
- 3. It determines the course to follow.

And. 4. It also provides a bond between the believers and the great Laws of nature which never fail.

The Quran is a "mercy" as it ¹ saves the believers from doubt, worry and confusion.

② It establishes a bond with Allah that gives them hope, reassurance and peace.

Insha Allah, we will learn about (our hopes in) life
from the verses of guidance and mercy so that
we can have our priorities correct.

Worship of Allah

from the verses of Quran.

(5)

1. Surat ALfatihah(1) - V

2. Surat (2) 1 - V 21

3. Surat (10) - V 104

4. Surat (11) - U 2 - 25 - 26 - 50 - 61 - 84
123.

5. Surat (12) (15) - U 39 - 40
U 99

. (16) - U 36

. Surat (19) - U 36 - 65

(20) - U 14

(21) U 25 - 92

(22) U 62 - U 77

(24) U 55

(27) U 91

~~M.S
Houston
Feb 2010~~

Insha Allah

and to continue next
week