

بسم الله الرحمن الرحيم

Series of "Messages of hope" (1) 1/4/2010  
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title: "Hope" is all you need.

Insha Allah, today we will start a series of classes

called "messages of hope"

(1)

The goal of these classes is

- 1) Allah The Almighty, has the Power to initiate the causes and bring about the results, thus changing the present and the future.
- 2) A true believer, whose heart is full of faith will never despair of Allah's Mercy why?
- 3) The believer finds in his faith and bond with his Lord a blessing that gives him reassurance and hope, even in the most difficult moments and under severe pressure.
- 4). To succeed in life and to effectively deal with adversities of life, we need

to have the "power of hope"

- Hope has healing power and it always provides a kind of <sup>inner</sup> strength to effectively deal with all adversities of life.

Hope teaches us never to give up in life and keep trying with hard work.

(2)

- Hope in Allah brings confidence that:-

Yes:

- There is always a flicker of light in darkness
- Light and day has to come after every night.
- My dreams will come true.
- Events will turn out for the best.
- What I wanted, can be had.
- Allah will not burden me beyond my scope.
- With every hardship, there is ease
- Allah will make for me an outlet from every hardship
- Your great glory is not in never falling, but
- in rising every time you fall
- If you believe you can, you can.

Let's Learn These two stories - reflect on them  
and then have our conclusion about the  
message of each of them.

### Story: Fathers Eyes

A teenager lived alone with his father, and the two of them had a very special relationship. The father believed in encouragement. Even though the son was always on the bench, his father was always in the stands cheering. He never missed a game.

This young man was the smallest of the class when he entered high school.

His father continued to encourage him but also made it very clear that he did not have to play football if he didn't want to.

But the young man loved football and decided to hang in there. He was determined to try his best at every practice, and perhaps he would get to play when he became a senior.

All through high school he never missed a practice or a game, but remained a bench warmer all four years. His faithful father was always in the stands, always with words of encouragement for him. When the young man went to college, he decided to try out for the football team as a "walk-on."

Everyone was sure he could never make the cut, but he did. The coach admitted that he kept him on the roster because he always puts his heart and soul to every practice, and at the same time, provided the other members with the spirit and hustle they badly needed. The news that he had survived the cut thrilled him so much that he rushed to the nearest phone and called his father.

His father shared his excitement and was sent season tickets for all the college games. This persistent young athlete never missed practice during his four years at college, but he never got to play in the game.

It was the end of his senior football season, and as he trotted onto the practice field shortly before the big play off game, the coach met him with a telegram. The young man read the telegram and he became deathly silent.

Swallowing hard, he mumbled to the coach, "My father died this morning. Is it all right if I miss practice today?"

The coach put his arm gently around his shoulder and said, "Take the rest of the week off, son. And don't even plan to come back to the game on Saturday." Saturday arrived, and the game was not going well.

In the third quarter, when the team was ten points behind, a silent young man quietly slipped into the empty locker room and put on his football gear. As he ran onto the sidelines, the coach and his players were astounded to see their faithful team-mate back so soon.

"Coach, please let me play. I have just got to play today," said the young man.

The coach pretended not to hear him. There was no way he wanted his worst player in this close playoff game. But the young man persisted, and finally feeling sorry for young man, the coach gave in. "All right," he said. "You can go in." Before long, the coach, the players and everyone in the stands could not believe their eyes. This little unknown, who had never played before, was doing everything right. The opposing team could not stop him. He ran, he passed, blocked and tackled like a star. His team began to triumph.

The score was soon tied. In the closing seconds of the game, this young man intercepted a pass and ran all the way for the winning touchdown. The fans broke loose. His team-mates hoisted him onto their shoulders. Such cheering you have never heard!

Finally, after the stands had emptied and the team had showered and left the locker room, the coach noticed that the young man was sitting quietly in the corner all alone. The coach came to him and said, "Young man, I can't believe it. You were fantastic! Tell me what got into you? How did you do it?"

Young man looked at the coach, with tears in his eyes, and said, "Well, you knew my dad died, but did you know that my dad was blind?" The young man swallowed hard and forced a smile, "Dad came to all my games, but today was the first time he could see me play, and I wanted to show him I could do it!"

#### Remember:

"Every accomplishment starts with the decision to try."

"Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all."

. Sometime. is the quiet voice at the end of the day saying, "I will try again tomorrow."

Let's try to reflect on the fact that:-

What is hope ?

- A belief in a positive outcome related to events and circumstances in our life.
- To feel that something desired can happen.
- Anticipating something good to come in the future.
- Hope is like a road in the country, there was never a road, but when many people walk on it, the road comes into existence.
- To believe that you can do things which you never knew that you were capable of doing.
- The optimistic attitude towards the future.
- The habit of always looking on the bright side.
- The general feeling that some desire will be fulfilled.

Why we need hope ?

It is the "hope" i.e to expect with confidence that you continuously need in your life.

Because having a positive sense of hope for your future is vitally important to every area of your

Life.

§ Without hope "

- You cannot fulfill the goal of your creation
- You cannot be steadfast on the Right Path.
- You cannot advance in your education or career.
- You cannot establish fulfilling relationships
- You can't reach your full potential.
- You can't struggle against life's <sup>trials</sup> ~~calamities~~  
for example: illness or loss of wealth  
or loss of loved ones.
- • You can't rise everytime you fall.
- You can't have good self esteem.

We must always believe that: life is full of trials and failure. This fact will never change. What we can change is our attitude. Begin to realize that: successful people have failed their way forward. We can learn to do the same.

Do not let failure keep you from trying.  
Don't let failure motivate you to quit.

Allow failures to fuel the fire that keeps you going i.e. "the hope"

Each failure <sup>can</sup> fuel take you one step to success so long you have "the hope" alive in your spirit.

So it is your attitude "Never to lose hope" that can protect your spirit from the damage of failure, and also can take you to success step by step.

"  
Hope in Islam :-

In the Quran and the Sunna, we muslims were taught about the importance of having "Hope in Allah".

In the Quran, Allah the All Mighty commanded the believers "Not" to : be sad

10  
"Not" to : despair  
Let's Learn about our Prophet Mohamed (S.A.W) as a real model of the "Hope in Allah"  
Let's learn about these messages of hope from the Quran so that we realize the importance of "hope" as a character and manner of the true believer.

Message I

Rule I :- "No" for despair and No for Sadness.

Let's learn the Quranic verses which are related to despair and let's Learn how Islam is against despair i.e despair is forbidden in Islam

# Hope in Allah

## Prophet Mohamed (S.A.W). Our role model.

Reading and reflecting upon the Prophet's Hijrah from Makkah to Madinah, I see "real" hope is present in most, if not all, of its events and scenes. Prophet Muhammad, the most successful and effective teacher that humanity has ever known, never lost hope in Allah's help and in spreading Islam—with its peaceful and just message—all over the world. (1)

Before the Hijrah, Prophet Muhammad (peace and blessings be upon him) and his followers faced the most brutal and merciless persecution and hostilities at the hands of Quraish, the Prophet's tribe. The Prophet, however, never lost hope in disseminating the noble message of Islam. Rather, he used to encourage his followers to keep patient and forbearing in the hardest and most difficult times while anticipating Allah's help and assistance.

11 Khabbab Ibn Al-Arrat narrated: We complained to Allah's Messenger (about the unbelievers' persecution and brutality against Muslims) while he was leaning against his sheet cloak in the shade of the Kaabah. We said, "Will you ask Allah to help us? Will you invoke Allah for us?" He (peace and blessings be upon him) said, "Among those who were before you (a believer) used to be seized and, a pit used to be dug for him and then he used to be placed in it. Then a saw used to be brought and put on his head which would be split into two halves. His flesh used to be combed with iron combs and removed from his bones, yet, all that did not cause him to revert from his religion. By Allah! This religion (Islam) will survive until till a lone traveler travels long distances with no fear of bandits, anything, or anyone except Allah [indicating the prevailing safety due to the spread of ethics and morality preached by Islam]." (Al-Bukhari)

So, in the midst of trials and tribulations, the Prophet (peace and blessings be upon him) gave them the glad tidings that a day will soon come when Islam will spread and people will be secure and safe everywhere. The Prophet's heart was so full with hope and trust in Allah, even in the hardest of times, that he used to see the victory of Islam as being very close. This, however, never made him fall short of working hard to achieve his goals.

Upon seeing his followers facing the most harsh treatment from the people of Quraish, who fought the noble message of Islam by all possible means, Prophet Muhammad migrated to At-Ta'if to find supporters for the new call. Unfortunately, the people of Ta'if were not any better than the people of Quraish with regards to harshness and hostility towards the Prophet (peace and blessings be upon him). Nevertheless, the Prophet never lost hope and continued to convey the noble message as best as he could.

The Prophet's Hijrah from Makkah to Madinah shows how much his heart was filled with hope and trust in Allah. When he (peace and blessings be upon him) and his closest friend, Abu Bakr, left for Madinah, the people of Quraish decided to block all roads leading out of Makkah and imposed heavy armed



surveillance over all potential exits. A reward of 100 camels each was set for capturing Prophet Muhammad and Abu Bakr and bringing them back to Makkah. Horsemen, infantry, and expert tracks tracers scoured the outskirts of the city. Once, they even managed to reach the mouth of the cave where the Prophet (peace and blessings be upon him) and Abu Bakr were hiding. When Abu Bakr saw the enemy at a very close distance, he whispered to the Prophet, "If any of them should look under his feet, he would see us." He (peace and blessings be upon him) calmed him down, saying, "O Abu Bakr, what do you think of two (persons) the third of whom is Allah?" (Al-Bukhari)

Another brilliant scene that shows the Prophet's hope and immense trust in Allah is the incident involving Suraqah Ibn Malik. Abu Bakr (may Allah be pleased with him) narrates that Suraqah Ibn Malik followed him and the prophet. Abu Bakr told the Prophet, "We have been caught, O Allah's Messenger!" Prophet Muhammad replied, "Don't grieve for Allah is with us." The Prophet invoked evil on Suraqah and so the legs of his horse sank into the earth up to its belly. Suraqah then said, "I see that you have invoked evil on me. Please invoke good on me, and by Allah, I will cause those who are seeking after you to return." The Prophet invoked good on him and he was saved. Then, whenever he met someone on the way, he would say, 'I have looked for him here in vain.' So he caused whomever he met to return. Thus Suraqah fulfilled his promise. (Al-Bukhari). Some reports, furthermore, say that the Prophet (peace and blessings be upon him) promised Suraqah the bracelet of Kisra, the King of the Persians. This promise was fulfilled during the time of Umar Ibn Al-Khattab's leadership after the death of Prophet Muhammad and his first successor, Abu Bakr.

The Hijrah as such implants real and unshaken hope in our hearts. Let us, therefore, reflect upon these experiences and work hard to change, improve ourselves, and help those around us. This is possible, God willing with faith and perseverance. We should never give up on ourselves or those around us. More importantly, we should never despair in Allah's eternal mercy, grace, and forgiveness. This is a significant lesson we can walk away with from the Prophet's blessed migration from Makkah to Madinah.

May Allah guide us all to what pleases Him and grant us happiness in this world and in the next. Ameen.

Story of the week: Turning your biggest weakness into your biggest strength: The office boy.

The moral of this story: the boy's biggest weakness has become his biggest strength:

A jobless man applied for the position of "office boy" at a very big firm.

The Human Resource manager interviewed him, and offered him a job to clean the floor, and said "You are hired", give me your email address, and I will send you the application

3 to fill, as well as when you will start. The man replied "I don't have a computer, neither an email".

I am sorry, said the H.R manager, if you don't have an email that means you do not exist. And who does not exist, cannot have a job. The man left with no hope at all.

He didn't know what to do with only 10 \$ in his pocket.

He then decided to go to the supermarket and buy a 10 KG of Tomato. He then sold the tomato in a door to door round. In less than 2 hours, he succeeded to double his

He repeated the operation 3 times and returned home with 60 \$. The man realized that: he can survive by this way and started to go everyday earlier, and return late. Thus, his money doubles or triples every day. Shortly, Later, he bought a truck and then he had his own fleet of delivery vehicles.

5 years Later, the man is one of the biggest food retailers in the U.S. He started to plan his family's future. and decided to have a life insurance.

4 He called an insurance company, and chooses a protection plan. (broker)

When the conversation was concluded, the broker asked him his email. The man replied: "I don't have an email". The broker replied curiously, you don't have an email, and you have succeeded to build an empire. Do you imagine what you could have been if you had an email?

The man thought for a while and replied: an office boy!

The moral of this story is: Your biggest weakness can become your biggest strength.

1. Internet is not the solution to your life.
2. If you don't have internet and you work hard you can be a millionaire

(13)

Call for "Not to despair"

Surat (12) - V 87 - V 110.

Surat (13) - V 56.

Surat ( ) -

Surat 39 - 53

Surat 42 V 29

Insha Allah, today we will learn about the meaning of the 2 verses of Surat (12) i.e V 87 - V 110. so that we can realize the following

1) It is the "hope" in Allah's Mercy that supports Prophet Jacob to be patient for 40 years, searching for his lost son Yusuf, until he found him.

2) It is the command of Allah to the believers not to despair of Allah's Mercy as this is against the belief in His Oneness

Insha Allah we will continue with the

"verses of hope" in the Quran next week

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