

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## The spiritual clinic 12

### Forms of Allah's Mercy

May 11-2009

Dua: supplication (1)

#### The secrets of supplication

1 Alhamdulillah, The Most Merciful, every day the believers feel the Mercy of Allah all around i.e in prayers, in Dua in the Quran i.e in all the links with The Almighty InshaAllah starting today, we will learn the secrets of Dua as a form of Allah's Mercy.

• Supplication (Dua) is a mercy from Allah:

Let's first agree that: The act of supplication is a source of tranquility, peace, reassurance, power, trust and hope for the believer, i.e a mercy for the believer.

Q What is Dua?

A. Literally the word Dua means "to call upon".

• In Islam Dua or supplication means to address Allah

The Almighty with praise, thanksgiving, hope and

to mention one's needs. In English it is also referred to as "Prayer".

2

To supplicate to Allah (to do Dua to Him) is the

mercy to the spirit as it is the practice of the belief in the unity of Allah's worship, because:

a person engaged in the Dua affirms

His belief that Allah is the Only Power, Only Will and Only mercy, accordingly he is calling only to Him for help and support.

also

his belief that mankind are powerless, i.e. they can't do anything except by Allah's Will.

and this leads to:

(2) The feeling of relief after describing our difficulties to the Only Power, Our Lord Allah

(1) The feeling of being more close to Allah, i.e. our bond with Him is more strong (1) The feeling of submission and humility also to Allah (2) The feeling of Hope in Allah's

mercy to solve the problem and make hopes a reality i.e.

3 we feel tranquility, reassurance, peace and trust.

(4) The feeling of strength to the stressed soul, a feeling which saves it from despair.

In conclusion: Dua is a mercy from Allah as it is our key to our spiritual happiness, it offers us a certainty of hope for our future and it helps us to unburden our souls of the deepest of pain. Feeling that only Our Creator knows, it is the heart of worship as it affirms the belief in Allah's Unity, and it is the most important tool of the believer which can change fate, while no action ever can, and it is also the living expression of the meaning of servitude, submission and Piety.

According to terminology of Shariah: (Islamic law):

Dua is a request from a servant to his Lord. Supplication dictates that: There must be a supplicant (the servant) and a highest Answerer (Allah), all praise and glory to Him. In his supplication, man begs for things he sees as good for him.

4

Practically : Dua is the link with Allah, which the

worshipper(I) can have at any time or place or position. It is the

continuous outlet for all the feelings of fear, upset, worry, sadness

disappointment, depression, instability, despair and

Loneliness

It is the satisfaction for the spirit to calm down at time

of hardship and to have the hope which it is in great need of.

It is Dua is the living expression of the human being's

everlasting need for Allah in all his life affairs. It is

the human being's submissive recognition of his dependence

on Allah, the most exalted, expressing the feeling of

deeply attached to Him, The Almighty.

Q. What is the source of these feelings regarding Dua??

A.

He is Allah The Most Merciful sending the

message of mercy to His servants through the

verses of the Quran, which call the believers

to do Duaa to their Lord, promising them the

answer and acceptance. These messages of the Quran  
are the sources of the feelings of reassurance, hope, strength and tranquil  
regard  
Duaa P.

5 Addresses of the Quran about Dua are messages of mercy i.e  
messages of hope - tranquility - relief and belief in Allah's Will.  
Allah The Almighty said in Surat ALBaqara (2) - V186.

When My servants ask you concerning Me, I am indeed close  
(to them by knowledge), I respond to the invocations of the  
suppliant when he calls on Me (without any mediator or  
intercessor) So let them obey Me and believe in Me, so that  
they may be aright."

In this verse, The choice of words creates an atmosphere of  
intimacy with Allah Himself stating a direct contact  
between Him and His servants. He does not give instructions  
to His Messenger, the Prophet Mohamed on how to answer  
believer's questions about Him. He gives the answer  
Himself "I am near". His closeness is not only to  
listen, but also for immediate response "I answer  
the prayer of the suppliant when he calls to  
Me".

This verse fills the believers heart with love - confidence

6 and reassurance. In this atmosphere of compassion, Allah who has no need for anyone, directs believers to respond to Him and believe in Him, in the hope that: this will guide them to wisdom and righteousness. "Let them then respond to Me and believe in Me, so that they may follow the right way."

By earning Allah's generosity and guidance, believers end up winners on all counts.

#### Rules:

1. Belief in Allah and response to His commands lead to true guidance.

↓ (which is)

2. The way of life has ordained for man is the only <sup>one</sup> truly

worthy of adoption and adherence. When one responds to

Allah call, one must be confident that Allah will's care and

mercy will touch his spirit, calling him to open his heart with all

its worries and pains, to reveal his life with all its

problems, and to raise his voice up with all his needs

and goals, and there: he finds Allah very close to him,

listening to his call, understanding his wants, managing

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his affairs and taking care of his sadness. At this point, the human beings' burdens and afflictions loosen securing his way to tranquility and peace.

Let's learn about supplication as a Form of Allah's

Mercy is a source of reward, hope, reassurance, belief, tranquility.

1. Supplication is an act of obedience to Allah.

By offering supplication (Dua), we are actually carrying out Allah's command.

Allah says in Surat Ghafir(40) V. 60

"And your Lord said: Supplicate to Me, I shall answer you"

This is again the Quranic verses showing Allah's mercy, giving mercy to all believers as the rule is:

"When you supplicate to Allah, be sure that Allah will answer you"

So it will be the duty of every believer to obey this command of Allah (to do Dua) so that all his affairs will be managed, the way he is looking for.

8

and this is the another Proof that supplication is a mercy as it is the way for Allah's answer.

In Surat AL-Araf (7) V-29, Allah said:-

"And supplicate to Him, making your religion sincerely to him"

Also prophet Mohamed said: supplication is worship.

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2. Supplication (Dua) is the most noble of deeds before Allah

Prophet Mohamed said: "There is nothing more noble before Allah than supplication."

It has been said that: the reason for it is so because Allah created us to worship Him and

"supplication is the mind of worship."

3. Supplication (Dua) is beloved by Allah

Prophet Mohamed (S.A.W) said: 'Ask Allah of His bounty, for truly Allah loves to be asked'



9 • Supplication Dua keeps us from helplessness

Prophet Mohamed (S.A.W) said:

"The most helpless of the people is the one who is unable  
(ask)  
to beseech Allah in supplication!"

• Supplication is a means of warding off afflictions  
before it falls

Prophet Mohamed (S.A.W) said:

"Nothing reverses Divine Decree except supplication"

The meaning is that this Hadith is an indication that:

Allah prevents, by virtue of supplication, what he had  
decreed to befall the servant. An brief: supplication

is by Allah's decree. Therefore, He may decree that  
something would befall his servant (has he not offered  
supplication) so when he (the servant) offers supplication  
it is warded off from him.

This is only for supplication, which  
is a great mercy from Allah.

• Supplication brings relief from affliction after it has occurred.

Prophet Mohamed (S.A.W) said: "whoever among you has the door to supplication open to him, then he has the gates of mercy open to him. Allah is not asked anything to be given more beloved to him than for someone to ask for well being - Supplication benefits with respect to what has fallen and to what has not fallen. Therefore, worshippers of Allah, engage in supplication",

∴ We should make every effort to engage in supplication as often as we can, for indeed our supplications are answered and our needs are fulfilled by the mercy of Allah. The fact that the gates of mercy are open to supplicant is proof enough that our supplications are answered.

Prophet Mohamed (S.A.W) said:  
"Caution will not save you from what Allah has

11 decreed. Supplication benefits with respect to what has befallen and to what has not fallen. Indeed, supplication will encounter the (impending) affliction and the two will contend with one another until the Day of Judgment

• The reward of supplication is guaranteed:

Prophet Mohamed (S.A.W) said:

"There is never a muslim who raises his face to Allah and asks something of Him except that Allah gives him what he asks for, either immediately in this world or by reserving it for him in the Hereafter."

There is never a muslim who supplicates without beseeching something in ful or the breaking of blood ties, except that Allah grants him one of three things: either he fulfills his supplication immediately, <sup>reserves</sup> it for him in the Hereafter or prevents him from being afflicted with a harm equivalent to it in magnitude.

• Supplication is the character of the Pious who

fears Allah:

It is the character of the Prophets to call on Allah The Almighty to help them, in surat ALANBIYA (21) - V 90. and also it is in Surat (59 - V 10.) - Allah is clarifying about the character of those who perform supplications.

• Supplication is the refuge of the oppressed

Allah taught us in the Quran about the mercy of Duaa (supplication) at time of distress.

Insha Allah, over the next coming classes, we will know about all the Duaa from the Quran and hadith of Prophet Mohammed (S.A.W).

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