

29 March 2010

→ حجۃ الارجح

→ the secret of happiness Messages of hope (1)
is in 5 letters (Heart).

Today, Insha Allah we will continue to learn

about "the heart", the most important part of
our body.

In the previous 2 classes we learned the

following Hadiths of Prophet Mohamed

(S.A.W) regarding the heart.

Let's remember that in these
Hadith and in the Quran, the word "heart"

is not the organ that pushes blood

to the body organ, but it is the

spirit, the self which you believe

and reflect with.

Prophet Mohamed (S.A.W) said :-

1) Beware, there is a piece of flesh in the body,

'if it becomes good, the whole body becomes good, but
if it gets corrupt, the whole body comes corrupt' and that

is the heart

- 2) "Tagwa is in the heart." (tagwa is obedience of Allah's commands, based on belief and fear of Him).
- 3) "Verily, Allah does not look at your shapes your wealth, but He looks at your hearts and deeds."
- 4) "Consult your heart, righteousness is that about which the soul feels tranquil and the heart feels tranquil."
- 5) "Deeds are judged according to the intention" (The place of intention is not the lips .It is the heart).

Conclusion

We must be concerned about our hearts and be sure that : it is functioning as Allah wishes it to function

The Prophet used to make du'a often beginning:

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"I seek refuge in you, O Allah, from knowledge that does not benefit and from a heart which does not fear".

So we learn how important is the heart in regards to other parts of the body.

✓ Types of the hearts in the Quran:

i) ii) iii) ...

In the Quran, there are two different types of the hearts : (A) the Sound, alive healthy hearts and the White)

(B) corrupt, sick, sealed hearts .(Black)

First Let's learn about the healthy, sound alive hearts i-

The White hearts

1- The Sound heart:

Surat (26) V 89.

Surat (37) V 84.

This is the heart which is purely devoted to Allah because of its pure belief in Allah's Oneness.

2. The comfort heart

Surat (13) - V 28

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Comfort is a profound reality in the hearts of believers who deeply and truly feel the meaning of faith. They have a bond with Allah. This bond touches their hearts, generating a feeling of happiness and reassurance that: they do not stand alone in this universe. Whatever surrounds them is for their service because it is all made by Allah under whose protection they live.

No one on earth is more miserable than those who are deprived of the blessing of a close relation with Allah. Those who, having severed the most essential bond with their Creator as they feel that: they have no relation with all around them.

Who can be more wretched than one who does not realize why he has been created, or where he is heading or why he suffers. The true loser is the one who goes about

his life isolated in an endless desert, having to strive without support, guidance or help.

In life - we often experience moments which man can withstand unless we are certain of Allah's support and protection, regardless of whatever resources of fortitude and power may be at our command.

Such moments can be ^{faced} easily by those who find their comfort in Allah.

3. The united hearts :-

Surat 8 V 62

The faith ; when it touches people's hearts , it pours into them a mixture of Love, familiarity and compassion that is certain to them and establish between them a firm and deeply rooted bond.

The faith of Islam makes its appeal to mankind on the basis of pure Love, that

Prophet Mohamed said : Some of Allah's servants

shall have on the Day of Judgement a position so close to Allah that Prophets would love to have. His Companions said: Messenger of Allah - will you please tell us, who these people are? He said: They are people who Love one another for Allah's Sake only. They have no relation of kinship or business interests with one another. By Allah, their faces are radiant with light and they have light. They shall experience no fear or sadness, when all other people are taken by fear and sadness.

Let's reflect for minutes on this rank which Allah is allowing us to achieve through our Love to each other.

In reality if I have the goal of my life is to achieve this rank, so it is a great goal which deserves all the effort to achieve it.

Today inshaAllah we will also Learn about
features of the true servants of Allah.

Features of the true servants of Allah are reflected in their behaviour and the way, they conduct their lives

They Provide a living example of the muslim community which Islam aims to build. These are the ones who deserve Allah's Care.

In Surat AL-Furqan 25 -(V 63 → 76), Allah is mentioning the features of the servants of Allah, The Most Merciful and also the reward for their behaviour.

. The features of the true slaves of Allah :-

1) The first feature is that: they walk gently with no affectation or display of arrogance.

We must agree that: walking delivers an expression of one's personality and feelings, e.g A serious and sound personality walks with an air of reassurance reflecting clarity of purpose and strength.

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To "walk gently on the earth" doesn't mean that believers hang their heads down affecting weakness and Lack of support - No. It was that Prophet Mohamed (S.A.W) used to bent forward when he walked.

Abu Hurayrah reports: I have never seen anyone more handsome than Allah's Messenger, he looked as if the sun was reflected in his face. And I have never seen anyone who walked faster than Allah's Messenger. I was as though the earth would shink for him. He (S.A.W) used to walk as if he was coming downhill.

What is meant here by (Hawn) is serenity and dignity, as Prophet Mohamed (S.A.W) said:-

"When you come to the prayer, do not come rushing in haste. Come calmly and with tranquility, and whatever you catch up with, pray, and whatever you miss, make it up."

The second feature of Allah's slaves is that: They don't bother themselves with the ignorant people. They do not waste their time or energy in an argument with those people. If the ignorant people insult them with bad words, they do not respond in kind, but they forgive and overlook, and say nothing but good words. This is what Prophet Mohamed (S.A.W) said: the more ignorant the people, the more patient he would be. This is as Allah says in Surat 28 - V 55.

"And when they hear (evil or vain talk), they withdraw from it"

It is simply a dignified approach which does not permit them to waste time and energy on good deeds - instead they live in peace - ignoring those ignorant people. Such is their conduct in daytime when they are with other people

The 3rd (third) feature of Allah's slaves. (V 64 → 66)

The surah highlights the 2 main movements Muslims perform in prayer, namely prostration and standing up. Thus it reflects their action in the depth of the night, when others are fast asleep. Such true servants of Allah stay up prostrating themselves and standing before their Lord, addressing themselves completely to Him. They are not concerned about not being in bed, because they have something that they enjoy, giving them far more comfort, energy and happiness than sleep can ever give. Other people are concerned with their position on earth, while these true slaves of Allah are preoccupied with being close to their Lord.

In their prayers, with all its movements and their inner feelings, they are fully conscious of

their Lord, thus they appeal to Him: "Our Lord avert from us the suffering of hell, for its the suffering it causes, is indeed a dire torment. It is indeed an evil abode and a terrible station" V 68- 69.

Humbly and most seriously, they pray to their Lord to avert their suffering in hell. They pray for Allah's Mercy and forgiveness so that he spares them the punishment of hell.

The fourth feature of Allah's slaves is that they lead a balanced life between overspending and withholding money.

Although Islam approves private ownership, a Muslim is not free to spend his money without restrictions. He must follow Allah's command: in Surat 17 - V29

"And let not your hand be tied to your neck, nor stretch it forth to its utmost reach"

The 5th, 6th and 7th features of Allah's slaves

are related to avoiding 3 major sins: V 68-69

(1) Believing in Allah's Oneness is the cornerstone of the Islamic Faith. It is the point where clarity and straightforwardness of belief is separated from confusion.

When Prophet Mohamed was asked "which sin is the most serious"? He said "That you appoint a rival to Allah - when he has created you"

The second sin which Allah's slaves avoid is killing anyone except for legitimate reason.

The 3rd sin which Allah's slaves avoid is adultery as prevention of adultery is the basic to the establishment of a clean social life. These three qualities distinguish the sound and clean life that is worthy of man from the life of the animals who live for their desires.

It is the worship of Allah through the appreciation of His Uncountable blessings that can make our hearts full of love to our Merciful Lord.

It is through our love to our Lord that we can:

1- Obey His Commands regarding the Lawful and Lawful deeds and sayings.

2- Obey His commands regarding our manners towards all about us.

3- feel love towards all the creatures of our

Lord i.e. the whole universe as Allah is creating all creatures to serve man.

4- feel harmony with all around us.

It is the love of Allah that causes the feelings of peace - tranquility and security. These feelings are the reality of happiness. So it is the worship of Allah, His Love that can make

Your Path to happiness short and close.

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